

MEDICATIONS DURING PREGNANCY

During pregnancy, it is common to experience trouble with constipation, heartburn, minor upper respiratory illness (the common cold), and other types of infections (gingivitis, urinary tract infections, etc.)

The following is a short list of medications which are approved for use during pregnancy. Any medication which is not on this list is not necessarily unacceptable or contra-indicated. For any medication not found on this list, it is best that you call your doctor's office and ask for advice regarding its use.

Stool softeners (to combat constipation)

- Metamucil
- Colace
- Bulk agents – fiber products (Fibercon, etc.)

Antacids (for heartburn)

- Mylanta II
- Maalox Plus
- Riopan or Riopan Plus
- Generic antacids
- TUMS
- Roloids

Antifungal Agents

- Monistat
- Gyne-Lotrimin
- Femstat

Pain Relievers

- TYLENOL

Antibiotics (assuming no allergic reactions)

- Penicillin
- Erythromycin
- Cephalosporins

Nitrofurantoin or Macroductin (first and second trimesters)

Common Cold Remedies

- Robitussin
- Robitussin DM

Please consult your office regarding directions to use:
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| <ul style="list-style-type: none">• Aspirin• Ibuprofen (Advil, Nupri, Motrin)• Bactrim• Narcotics |
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REMEMBER: This is NOT an exhaustive list.

If you have any questions regarding a prescribed medication, please do not hesitate to call the office. If you feel the situation is an emergency, please contact your doctor's office any time of the day or night. The office or answering service will page the doctor on call for you.