



---

## Implant Placement

This brief instruction sheet will help you to understand the procedure for placing dental implants.

- Please have a good night's rest before the day of implant placement, and eat a moderate breakfast or lunch.
- You will be given a local anesthetic to block sensation in the area selected for implant placement.
- A small incision will be made to obtain access to the location where the implant will be placed.
- Several different sizes of small drills will make precise, painless, preparations in which to place the implants
- You will be asked to bite on gauze sponges to stabilize the site and stop any slight blood flow.
- You will be given a prescription for:
  - a. A pain relieving medication to control discomfort. Take this medication only until you do not need it any more.
  - b. You may be given a prescription for antibiotics. Please take this medication as directed until the tablets are gone.
- Anesthesia should remain in your mouth for at least 1 hour after the surgery.
- As soon as possible after treatment, place an ice cube in a plastic bag and put it on the outside of your face for a few hours over the sites where the implants were placed. This reduces swelling and any potential bruising you may have. However, you may still have some swelling and bruising for a few days. It will go away gradually.
- Eat soft foods for a few days. The less force you put on the implant at this early time the better the chance for optimum healing.

**If you have any questions please call the MIT Dental Service at 617-253-1501**